




A Mind
Renewed

30 DAY DEVOTIONAL

TIFFRD.COM



In our journey of faith, the mind plays a critical role in shaping our experiences, actions, and overall spiritual growth. The Bible frequently speaks about the importance of renewing our minds and taking captive every thought to make it obedient to Christ. Our mindset, the way we think and perceive the world, largely impacts our relationship with God, our responses to life's challenges, and our ability to live out the purpose God has for us.

This 30-day devotional journal is designed to guide you through a transformative journey of renewing your mind and aligning your thoughts with God's truth. Each day, you will explore a different aspect of mindset, learn how to take captive thoughts that do not align with God's Word, and focus on developing a Christ-centered mindset. By engaging with scripture, reflecting on its application in your life, and actively practicing new thought patterns, you will cultivate a renewed mind that empowers you to live victoriously.

Remember that renewing the mind is a continuous process. It requires daily dedication, prayer, and intentional effort. Allow the Holy Spirit to work in your heart and mind, guiding you toward greater spiritual maturity and a deeper understanding of God's will for your life. Let's begin this journey together, trusting in God's promise to transform us through the renewal of our minds.

DAY 6: THINK ON THESE THINGS

Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Thinking on positive, godly things is crucial for maintaining a healthy mindset. By focusing on what is true, noble, right, pure, lovely, and admirable, we fill our minds with uplifting and constructive thoughts. In everyday life, this practice involves being mindful of what we consume—through media, conversations, and even our internal dialogue—ensuring that it aligns with these positive attributes.

Reflection: What are some true, noble, and praiseworthy things you can focus on today? How can focusing on these things improve your mindset?

Lord, help me to think about things that are true, noble, right, pure, lovely, admirable, excellent, and praiseworthy. Guide my thoughts to focus on what honors You. Amen.

DAY 28: MINDSET OF COMPASSION

Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Compassion involves feeling and showing concern for others' suffering. It means reaching out with kindness and empathy. In daily life, this mindset prompts us to be more aware of others' needs, to listen with an open heart, and to act in ways that bring comfort and support to those who are hurting.

Reflection: How can you show compassion to someone in need today? What does it mean to clothe yourself with compassion in your daily interactions?

Lord, clothe me with compassion, kindness, humility, gentleness, and patience. Help me to show concern and empathy for those who are suffering and to act in ways that bring comfort and support. Amen.

